



# Sail Across New York

48" x 48"



Designed, Pieced and Quilted by

**Molly Reitz**

Concord Quilting Studio

[WWW.ALLNEWYORKSHOPHOP.COM](http://WWW.ALLNEWYORKSHOPHOP.COM)

## MATERIALS:

1/3 yard Heart NY Large Aqua  
1-1/4 yards Heart NY Small Tempo Teal,  
includes binding  
1/4 yard or FQ Food Aegean  
1/4 yard or FQ Food Teal  
1/4 yard or FQ NY Large Brick  
1/4 yard or FQ NY Small Spice  
1/8 yard Blender Dark Skies  
1/4 yard or FQ NY Large Pool Party  
1/3 yard NY Small Sand Dollar  
1 yard Blender Buttermilk  
1/4 yard Blender Strip Pool Party  
1/2 yard Blender Coastal Shimmer  
3 yards Blender Teal Waterfall, backing

## RECOMMENDED TOOLS:

Creative Grids Perfect Rectangle Ruler  
Ultimate Flying Geese Ruler

*READ THROUGH ALL INSTRUCTIONS BEFORE STARTING THIS PROJECT. FABRICS ARE SEWN RIGHT-SIDES TOGETHER USING A 1/4" SEAM ALLOWANCE THROUGHOUT.*

*WOF = WIDTH OF FABRIC; RST = RIGHT SIDES TOGETHER; HST = HALF SQUARE TRIANGLES*

## CUTTING INSTRUCTIONS:

### From Heart NY Large Aqua Fabric:

Cut [1] — 6-1/2" × WOF strip  
Subcut [1] — 6-1/2" square, Flying Geese  
Subcut [1] — 6-1/4" × 3-1/4" rectangle,  
Pinwheel Block  
Cut [1] — 3-1/4" × WOF strip, Pinwheel Block

### From Heart NY Small Tempo Fabric:

Cut [5] — 4-1/2" × WOF strips, Border 3  
Cut [6] — 2-1/2" × WOF strips, Binding

### From Food Aegean Fabric:

Cut [1] — 6-1/2" square, Flying Geese Twirl

### From Food Teal and NY Large Pool Party Fabric:

Cut [1] — 6-1/2" square, Flying Geese Twirl  
Cut [1] — 2" × WOF strip  
Subcut [4] — 2" squares, Boat Block  
Subcut [4] — 1-1/4" × 2" rectangles,  
Boat Block **(F)**  
Subcut [2] — 10-1/2" × 1-1/2" rectangles,  
Boat Block **(G)**

### From NY Large Brick Fabric:

Cut [1] — 6" × 8-1/4" rectangle, Boat Block

### From NY Small Spice Fabric:

Cut [1] — 5" × 7-1/4" rectangle, Boat Block

### From Blender Dark Skies Fabric:

Cut [1] — 2" × WOF strip  
Subcut [4] — 2" × 9" rectangles

### From NY Small Sand Dollar Fabric:

Cut [4] — 2-1/2" × WOF strips, Border 2

### From Blender Buttermilk Fabric:

Cut [1] — 8" × WOF strip  
Subcut [4] — 8" squares, Flying Geese Twirl  
Subcut [4] — 1" × 6" rectangles, Boat Block **(C)**  
Cut [2] — 3-1/4" × WOF strip, Pinwheel Block  
Cut [1] — 3-1/4" × WOF strip  
Subcut [2] — 6-1/4" × 3-1/4" rectangles,  
Pinwheel Block  
Subcut [4] — 2-3/4" × 1-1/2" rectangles,  
Boat Block **(I)**  
Subcut [3] — 2-3/4" × 6" rectangles,  
Boat Block **(D)**  
Cut [1] — 2-3/4" × WOF strip  
Subcut [5] — 2-3/4" × 6" rectangles, Boat  
Block **(D)**  
Cut [1] — 1-3/4" × WOF strip  
Subcut [4] — 1-3/4" × 10-1/2" rectangles,  
Boat Block **(E)**  
Cut [1] — 1-1/4" × WOF strip  
Subcut [4] — 1-1/4" × 10-1/2" rectangles,  
Boat Block **(H)**  
Cut [1] — 6" × WOF strip  
Subcut [1] — 6" × 8-1/4" rectangle, Boat Block  
Subcut [1] — 5" × 7-1/4" rectangle, Boat Block

### From Blender Strip Pool Party Fabric:

Cut [1] — 3-1/4" × WOF strip, Pinwheel Block

Cut [1] — 6-1/4" × WOF strip

Subcut [1] — 6-1/4" × 3-1/4" rectangle,  
Pinwheel Block

### From Blender Coastal Shimmer Fabric:

Cut [6] — 2" × WOF strips, Sashing and Border 1

Cut [2] — 2" × WOF strips, Sashing

Subcut [6] — 2" × 10-1/2" rectangles

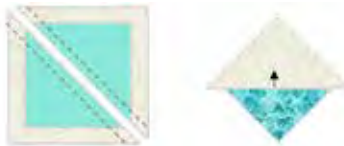
## BLOCK ASSEMBLY:

### Flying Geese Twirl:

1. Layer [1] Blender Buttermilk 8" square and [1] square of Food Aegean 6-1/2" square, RST, centering the smaller square on top of the larger one.
2. Draw a diagonal line across the stack of the [2] squares.
3. Sew a 1/4" on each side of the drawn line.



4. Cut on the line. Press the seam towards the larger triangle.



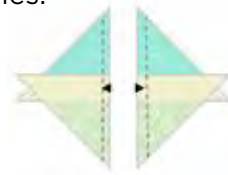
5. Place these units, RST, aligning the raw edges. The smaller triangles should be RST with the large triangles. The seams will be parallel, but DO NOT NEST.



6. Draw a diagonal line from corner to corner, crossing the seam line. Sew a 1/4" on each side of the drawn line. Cut on the line.



7. Clip the seam allowance (in center of the triangle) up to the seam line, so that you can press the seams in opposite directions. Press the seams away from the goose (blue) triangles.



8. Use the Ultimate Flying Geese Tool to trim the unit. On the Trim #1 side of the ruler, align the first goose unit to be trimmed to letter E. Then rotate the goose block 180 degrees and align the letter E on the Trim #2 up with the goose block and trim the right and top sides. This yields [4] flying geese measuring 3" × 5-1/2". Only [2] will be needed for the block. Use the remaining [2] in another project.



9. Sew [2] flying geese units together as shown in the figure to make a double flying geese unit. Press the seam as shown.



10. Repeat Steps 1-9 to make [3] more double flying geese units with the remaining [3] Blender Buttermilk 8" squares and Food Teal, Heart NY Large Aqua, and NY Large Pool Party 6-1/2" squares.

11. Layout [4] double flying geese units as shown. Sew the units together to form the flying geese twirl block. Measures 10-1/2" square.

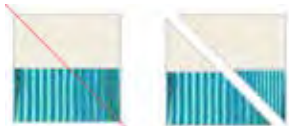


## Pinwheel Block:

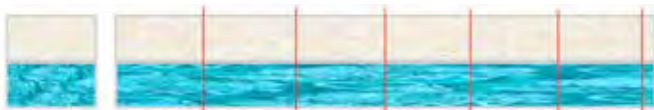
1. Sew a strip set using [1] Blender Buttermilk 3-1/4" x WOF strip and [1] Blender Stripe Pool Party 3-1/4" x WOF strip. Press seam toward the Blender Stripe Pool Party.
2. Subcut [7] - 6" square strip set units.



3. Sew [1] Blender Buttermilk 6-1/4" x 3-1/4" rectangle to [1] Blender Stripe Pool Party 6-1/4" x 3-1/4" rectangle. Press seams toward the Blender Stripe Pool Party. Trim to 6" square. Now, totalling [8] - 6" square strip set units.
4. Subcut the 6" square strip set units into triangles corner to corner, as shown. Pay close attention to make the Blender Buttermilk strip to be on top and the Blender Stripe Pool Party on the bottom. The direction of this cut matters.



5. Sew a strip set using [1] Blender Buttermilk 3-1/4" x WOF strip and [1] Heart NY Large Aqua 3-1/4" x WOF strip. Press seam toward the Heart NY Large Aqua.
6. Subcut [7] - 6" square strip set units.



7. Sew [1] Blender Buttermilk 6-1/4" x 3-1/4" rectangle to [1] Heart NY Large Aqua 6-1/4" x 3-1/4" rectangle. Press seams toward the Heart NY Large Aqua. Trim to 6" square. Now, totalling [8] - 6" square strip set units.
8. Subcut the 6" square strip set units into triangles corner to corner, as shown. Pay close attention to make the Blender Buttermilk strip to be on top and the Heart NY Large Aqua on the bottom. The direction of this cut matters.



9. Using the triangle pieces from Steps 4 and 8, make the Blocks A and B, mixing the prints as shown. Lay the triangle pieces RST and nest the seams of the small triangles. Press the seams towards the side with the larger blue piece. Be careful to not stretch these pieces while working with them.



**Block A**

**Block B**

10. Layout each block as shown below. Block 1 uses [4] Block As and Block 2 uses [4] Block Bs. Make [2] of each block. Press the seams the same direction as the long diagonal seam from the blocks A and B.



**Block 1**

**Block 2**

11. Trim the blocks to 10-1/2" square. Use the center seam and trim 5-1/4" from this seam on each side.



## Boat Block:

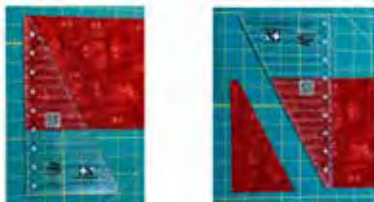
1. Mark diagonal lines on the back of [4] Food Teal 2" squares and [4] NY Large Pool Party 2" squares.
2. Lay [1] marked Food Teal square on [1] Blender Dark Sky 2" x 9" rectangle. Sew on the line. Trim off the corner triangle 1/4" from the sewn line. Press towards the Food Teal. Repeat for the other corner to make the Food Teal boat bottom unit. Make [2].



- Lay [1] marked NY Large Pool Party square on [1] Blender Dark Sky 2" × 9" rectangle. Sew on the line. Trim off the corner triangle 1/4" from the sewn line. Press towards the NY Large Pool Party. Repeat for the other corner to make the NY Large Pool Party boat bottom unit. Make [2].

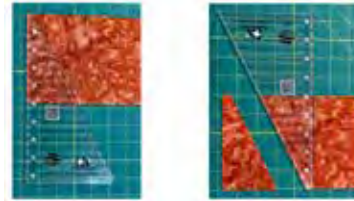


- Using the Perfect Rectangle Ruler, subcut the NY Large Brick 6" × 8-1/4" rectangle into [4] - 6" tall right triangles. The cutting of the NY Large Brick fabric shall be completed with the right side of the fabric facing down (you should be reading "NY" backwards). Line up the bottom edge of the fabric with the 6" line on the ruler. The blunt tip of the ruler should line up with the top edge of the fabric. Cut out the triangle, taking care to accurately cut the angle of the clipped tip. Rotate the ruler 180°. Place the ruler on the fabric strip with the 6" line now lined up with the top edge of the fabric. The blunt tip shall be lined up with the bottom edge of the fabric. Place the angled side of the ruler on the previously cut angle. Cut out the triangle, taking care to also cut the clipped tip. Continue this process until all [4] triangles are cut.



- Using the Perfect Rectangle Ruler, subcut the Blender Buttermilk 6" × 8-1/4" rectangle into [4] - 6" tall right triangles. The cutting of the Blender Buttermilk fabric for this step shall be completed with the right side of the fabric facing down. Cut using the same method as Step 4.
- Using the Perfect Rectangle Ruler, subcut the NY Small Spice 5" × 7-1/4" rectangle into [4] - 5" tall right triangles. The cutting of the NY Small Spice fabric shall be completed with the right side of the fabric facing up. Line up the bottom edge of the fabric with the 5" line on the ruler. The blunt tip of the

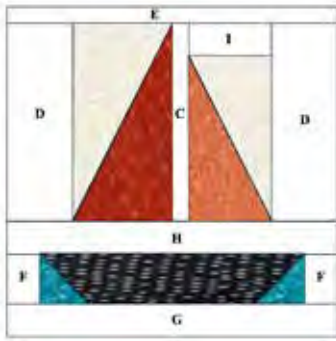
ruler should line up with the top edge of the fabric. Cut out the triangle, taking care to accurately cut the angle of the clipped tip. Rotate the ruler 180°. Place the ruler on the fabric strip with the 5" line now lined up with the top edge of the fabric. The blunt tip shall be lined up with the bottom edge of the fabric. Place the angled side of the ruler on the previously cut angle. Cut out the triangle, taking care to also cut the clipped tip. Continue this process until all [4] triangles are cut.



- Using the Perfect Rectangle Ruler, subcut the Blender Buttermilk 5" × 7-1/4" rectangle into [4] - 5" tall right triangles. The cutting of the Blender Buttermilk fabric for this step shall be completed with the right side of the fabric facing up. Cut using the same method as Step 6.
- Sew [1] Blender Buttermilk 6" tall right triangle to [1] NY Large Brick 6" tall right triangle, RST. No 1/4" overlap is needed at the points. The clipped angle aligns with the bottom edge of the opposite triangle. Press seams open. Large sail unit measures 3-1/4" × 6". Make [4].



- Sew [1] Blender Buttermilk 5" tall right triangle to [1] NY Small Spice 5" tall right triangle, RST. No 1/4" overlap is needed. The clipped angle aligns with the bottom edge of the opposite triangle. Press seams open. Small sail unit measures 2-3/4" × 5". Make [4]. Refer to diagram in Step 8.
- Layout the Boat Block as shown using pieces **C, D, E, F, G, H, I**, boat bottom unit, large sail unit, and small sail unit. Sew the block together. Boat blocks measures 10-1/2" square. Make [4].



## QUILT TOP ASSEMBLY:

- Row 1:** Layout the row as shown using [1] Pinwheel Block 2, [1] Boat Block, [1] Pinwheel Block 1, and [2] Blender Coastal Shimmer 2" × 10-1/2" sashing strips. Sew the row together. Press the seams towards the sashing.



- Row 2:** Layout the row as shown using [2] Boat Blocks, [1] flying geese twirl block and [2] Blender Coastal Shimmer 2" × 10-1/2" sashing strips. Sew the row together. Press the seams towards the sashing.



- Row 3:** Layout the row as shown using [1] Pinwheel Block 1, [1] Boat Block, [1] Pinwheel Block 2 and [2] Blender Coastal Shimmer 2" × 10-1/2" sashing strips. Sew the row together. Press the seams towards the sashing.



- Verify the row width. Join the [3] rows sewing Blender Coastal Shimmer 2" × 33-1/2", or actual width measurement, sashing strips in between rows. Press the seams towards the sashing.



## BORDER ASSEMBLY:

### Border 1 - Finishing Sashing Color

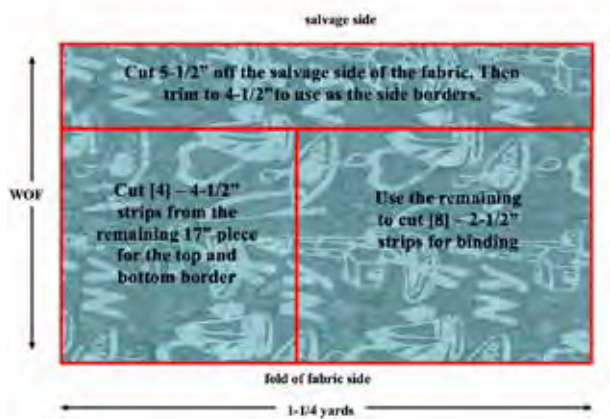
- Measure the quilt top from top to bottom. It should measure 33-1/2". Cut [2] Blender Coastal Shimmer 2" × 33-1/2" border strips or to actual measurement.
- Sew the borders on the right and left sides of the quilt. Press towards Border 1.
- Measure the quilt top from side to side. It should measure 36-3/4". Cut [2] Blender Coastal Shimmer 2" × 36-3/4" border strips or to actual measurement.
- Sew the borders on the top and bottom of the quilt. Press towards Border 1.

### Border 2

- Measure the quilt top from top to bottom. It should measure 36-3/4". Cut [2] NY Small Sand Dollar 2-1/2" × 36-3/4" border strips or to actual measurement.
- Sew the borders on the right and left sides of the quilt. Press towards Border 2.
- Measure the quilt top from side to side. It should measure 40-3/4". Cut [2] NY Small Sand Dollar 2-1/2" × 40-3/4" border strips or to actual measurement.
- Sew the borders on the top and bottom of the quilt. Press towards Border 2.

### Border 3

1. Border 3 uses directional fabric. The recommended cutting to get Border 3 and binding out of the 1-1/4 yards is below.



2. Sew the Heart NY Small Tempo 4-1/2" × WOF strips together end to end.
3. Measure the quilt top from top to bottom. It should measure 40-3/4". Cut [2] Heart NY Small Tempo 4-1/2" × 40-3/4" border strips or to actual measurement.
4. Sew the borders on the right and left sides of the quilt. Press towards Border 3.
5. Measure the quilt top from side to side. It should measure 48-3/4". Cut [2] Heart NY Small Tempo 4-1/2" × 48-3/4" border strips or to actual measurement.
6. Sew the borders on the top and bottom of the quilt. Press towards Border 3.

### FINISHING:

1. Layer quilt top with batting and backing.
2. Quilt as desired. Label
3. Binding: Sew the Heart NY Small Tempo 2-1/2" binding strips together end to end. Press seam open. Press in half with wrong sides together. Bind the quilt with your preferred method.
4. Enjoy!



## Molly Reitz



Molly has been sewing and quilting since a young age, starting with sewing small blankets and clothes for her dolls. She was taught by her mother and grandmothers. She is a civil engineer but outside of work she enjoys helping her mom with designing patterns and making samples for her quilt shop, Concord Quilting Studio. Molly enjoys designing her own quilts, finding easier ways to make patterns, and learning new techniques.